Northisle Announces AGM Results and Grants Stock Options

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VANCOUVER, Sept. 04, 2019 - Northisle Copper and Gold Inc. (TSX-V:NCX)(“Northisle” or the “Company”) recently held its 2019 Annual General Meeting in Vancouver. All motions passed with a 99% approval rate and included the appointment of Hay and Watson as auditors of Northisle, approval of Northisle’s incentive stock option plan, and the re-election of John McClintock, David Douglas, Larry Yau, Martino di Ciccio, and Dale Corman as Directors. Brandon Macdonald did not stand for re-election to the Board. The Company wishes to thank Mr. Macdonald for his contributions to the Company.

Stock Options
The Company has approved the granting of stock options to directors, officers, and consultants for the purchase of 1,530,000 common shares of the Company. The options will vest over a two-year period, with one-third vested on issue, one-third on the first anniversary date and one-third on the second anniversary date. These options have a five-year term and allow the holder to purchase one common share of the company for $0.07 cents a share until September 4, 2024.

For more information on Northisle please visit the Company’s website at www.Northisle.ca.

On behalf of Northisle Copper and Gold Inc.

“*John McClintock*”

John McClintock, P. Eng
President, CEO and Director
www.northisle.ca

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This news release contains forward-looking statements. These forward-looking statements are based upon the reasonable beliefs of Northisle and its management as of the date of this news release; however, forward-looking statements involve risks and uncertainties and are based upon factors that may change and assumptions that may prove, with the passage of time, to be incorrect as a result of exploration and other risk factors associated with mineral exploration and development that are beyond the control of Northisle. Accordingly, undue reliance should not be placed upon such statements. If factors materially change or assumptions are materially incorrect, the actual results, performance or achievements of Northisle may be materially different from any future results, performances or achievements expressed or implied by such forward-looking statements. Northisle does not undertake any obligation to update or revise any forward-looking statements to reflect new information, future events or otherwise, except as required by applicable law.