MINNEAPOLIS, July 25, 2017 /PRNewswire/ -- Northern Oil and Gas Inc. (NYSE American: NOG) ("Northern") announced today that it expects to release second quarter 2017 financial and operating results on Tuesday, August 8, 2017 after market close.

Additionally, the company plans to host a conference call on Wednesday, August 9, 2017 at 9:00 AM Central Time.

Those wishing to listen to the conference call may do so via the company's website www.northernoil.com or by phone.

Conference Call and Webcast Details:

Date: Wednesday, August 9, 2017
Time: 9:00 AM Central Time
Dial-In: (855) 638-5677
International Dial-In: (262) 912-4762
Conference ID: 61127013

Webcast: www.northernoil.com

Replay Information:

A replay of the conference call will be available through August 16, 2017 by dialing:

Dial-In: (855) 859-2056 International Dial-In: (404) 537-3406 Conference ID: 61127013

## ABOUT NORTHERN OIL AND GAS

Northern Oil and Gas Inc. is an exploration and production company with a core area of focus in the Williston Basin Bakken and Three Forks play in North Dakota and Montana. More information about Northern Oil and Gas, Inc. can be found at www.NorthernOil.com.

## INVESTOR RELATIONS CONTACT

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