

VAL-D'OR, QUEBEC--(Marketwired - Apr 20, 2017) - [Metanor Resources Inc.](#) ("Metanor") (TSX VENTURE:MTO) is pleased to report Q3 2017 highlights.

Q3 2017 Highlights

- Gold production of 9,442 ounces during the quarter;
- Gold sales of 10,881 ounces during the quarter;
- Gold production of 27,604 ounces year to date;
- Gold sales of 29,204 ounces year to date.

Q3 2017 Operating results

Operating results	Quarter ended March 31st 2017	Quarter ended December 31st 2016	Quarter ended September 30th 2016
Tonnes milled	61,101	61,790	62,974
Feed grade (g/t)	5.0	5.1	4.3
Mill recovery rate	96.4	% 96.5	% 96.0
Ounces produced	9,442	9,764	8,399
Ounces sold	10,881	10,431	7,893

Outlook for the coming quarters

Metanor revised its objective to produce between 33,000 and 36,000 ounces of gold during this current year. The ore extraction below the main vein below level 14 is open at depth. The underground drilling program will continue during the coming months to discover additional resources.

For the Barry property, Metanor will continue the drilling within the area of the Barry open pit to increase its mineral resources. Additional three drill rigs. The objectives are to extend the mineralisation in all directions within the pit shell, drill the higher grade shear extensions and to delineate the main vein.

About the Company

[Metanor Resources Inc.](#) is a Quebec based emerging gold producer having its main assets, the Bachelor mine and the Barry project in the mining-friendly jurisdiction of Quebec, in the heart of the Urban-Barry Camp. With the support of strategic investors, a strong management team and solid financing; Metanor is seeking to develop additional projects in a responsible manner.

Qualified Persons

Pascal Hamelin, P. Eng., President and COO, is the Qualified Person under NI 43-101, responsible for reviewing and approving the technical content of this press release.

Cautionary and Forward-Looking Statements

This press release includes certain statements that may be deemed "forward-looking statements".

The potential quantity and grade is conceptual in nature as there has been insufficient exploration to define a mineral resource and it has not been delineated as a mineral resource. All statements in this discussion, other than those of historical fact, that address future exploration and other estimates upon which such projections are based, and events or developments that the company expects, are considered forward-looking statements. Expectations expressed in these forward-looking statements are based on reasonable assumptions, such statements are not guaranteed and may differ materially from those forward-looking statements.

Neither the TSX Venture Exchange, nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this information.

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