

HOUSTON, March 27, 2017 (GLOBE NEWSWIRE) -- Contango Oil & Gas Company (NYSE MKT:MCF) announced today that the Company will be presenting at the 23<sup>rd</sup> Annual Oil & Gas Investment Symposium (OGIS) in New York City on Monday, April 3, 2017 at 4:40pm Eastern Time (3:40pm Central Time). A live audio webcast of the presentation can be accessed at <http://www.investorcalendar.com/event/175719> or by visiting the Company's website at <http://www.contango.com>. A copy of the presentation will be available in the "Investor Relations" section of the website shortly before the Company presents.

Contango Oil & Gas Company is a Houston, Texas based, independent oil and natural gas company. The Company's business is to maximize production and cash flow from its onshore properties in Texas and Wyoming and offshore properties in the shallow waters of the Gulf of Mexico and to use that cash flow to explore, develop, exploit, produce and acquire crude oil and natural gas properties in the onshore Texas Gulf Coast and Rocky Mountain regions of the United States. Additional information is available on the Company's website at <http://www.contango.com>.

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