

FORT WORTH, Texas, March 14, 2017 (GLOBE NEWSWIRE) -- [Approach Resources Inc.](#) (NASDAQ:AREX) today announced that Approach's Chairman and Chief Executive Officer J. Ross Craft will present at the Scotia Howard Weil 45th Annual Energy Conference on Wednesday, March 29, 2017, at 10:20 AM CT.

Presentations from this conference are not being webcast; however, on the day of the presentation slides will be available on the Company's website at www.approachresources.com.

About Approach Resources

Approach Resources Inc. is an independent energy company focused on the exploration, development, production and acquisition of unconventional oil and gas reserves in the Midland Basin of the greater Permian Basin in West Texas. For more information about the Company, please visit www.approachresources.com. Please note that the Company routinely posts important information about the Company under the Investor Relations section of its website.

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