CALGARY, ALBERTA--(Marketwired - Dec. 2, 2016) - Some of Seven Generations Energy Ltd.'s officers and directors, who acquired equity-based compensation during the company's private phase and prior to the 2014 initial public offering, still hold stock options and performance warrants that expire in May 2017. Those officers and directors have and are expected to exercise the options and performance warrants, and sell some of the shares obtained upon the exercise of those securities, prior to expiry. This includes trades by 7G's Chief Executive Officer Pat Carlson. Such transactions are reported on the System for Electronic Disclosure by Insiders (SEDI) in accordance with applicable securities regulations.

Seven Generations Energy Ltd. is also referred to as Seven Generations, 7G or the company.

Seven Generations Energy

Seven Generations (TSX:VII) is a low-cost, high-growth Canadian natural gas developer generating long-life value from its liquids-rich Kakwa River Project, located about 100 kilometres south of its operations headquarters in Grande Prairie, Alberta. 7G's corporate headquarters are in Calgary and its shares trade on the TSX under the symbol VII.

Further information on Seven Generations is available on the company's website: www.7genergy.com.

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