BRIDGEWATER, NOVA SCOTIA--(Marketwired - Sep 22, 2016) - <u>Silver Spruce Resources Inc.</u> (TSX VENTURE:SSE)(FRANKFURT:S6Q) is pleased to announce that it has granted 2,900,000 stock options with an exercise price of \$0.15 per share to directors and consultants of Silver Spruce. These options shall expire on September 20, 2019 if not exercised prior to that date. The issuance of the options is subject to all necessary approvals by the TSX Venture Exchange.

About Silver Spruce Resources Inc.

<u>Silver Spruce Resources Inc.</u> is a well positioned, Canadian junior exploration company pursuing development of the Pino de Plata epithermal silver/ base metal/ gold project located in the prolific Sierra Madre Occidental region of Western Chihuahua State in Mexico. The company has recently completed an exploration assessment on the property. Silver Spruce also retains a portfolio of uranium and rare earth element properties in Labrador.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release. The company seeks Safe Harbour.

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