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[Mineral Mountain Resources Ltd.](#) (the "Company") (TSX VENTURE:MMV) is pleased to announce that that Trevor Thomas has been appointed to the Company's Board of Directors, effective September 21, 2016. Mr. Thomas has over twenty years' experience practicing as a lawyer in the areas of corporate commercial, corporate finance, securities and mining law, both in private practice and in-house positions. Most recently, Mr. Thomas has worked as in-house legal counsel for Hunter Dickinson Inc. ("HD") for the past 10 years and currently acts as General Counsel for HD, and as Corporate Secretary for a number of the member companies within the HD group of companies.

In connection with his appointment, the Company has granted Mr. Thomas options to acquire 250,000 common shares of the Company at a price of CAD \$0.455 for a period of five years.

About Mineral Mountain

[Mineral Mountain Resources Ltd.](#), through its wholly owned subsidiary Mineral Mountain Resources (SD) Inc., is focused on the systematic exploration using modern methods and, if warranted, the development of its 100%-owned Rochford Gold Project situated a short distance from the highly prospective Homestake Mine within the same Belt located in the Black Hills of South Dakota, U.S.A. The Rochford Project, which is continuously expanding, covers approximately 5,500 acres and straddles several bands of auriferous iron formation over a 9 km strike length and across a 4 km stratigraphic width. The Rochford Gold District geologically is remarkably similar to the Homestake Mine and largely under-explored.

The Rochford Project is located near Rapid City where it is easily accessed by a network of roads and has hydro-electricity and modern internet services to the drill sites. As well, the area offers a skilled labor force and is one of the lowest cost exploration areas in the United States. South Dakota has a low political risk and embraces responsible mineral development.

On Behalf of the Board of Directors

MINERAL MOUNTAIN RESOURCES LTD.

"Nelson W. Baker", President and CEO

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This release includes certain statements that may be deemed to be "forward-looking information" under Canadian securities laws. All statements in this release, other than statements of historical facts, that address events or developments that the Company expects to occur, constitute forward looking information. Forward looking information consists of statements that are not historical facts and are generally, but not always, identified by the words "expects", "plans", "could" or "should" occur. Although the Company believes the expectations expressed in such forward-looking information are based on reasonable assumptions, such information does not constitute guarantees of future performance and actual results may differ materially from those in forward-looking information. Factors that cause the actual results to differ materially from those in forward-looking information include gold prices, results of exploration and development activities, regulatory changes, defects in title, availability of materials and equipment, timeliness of government approvals, continued availability of capital and financing and general economic, market or business conditions. The Company cautions the foregoing list of important factors is not exhaustive. Investors and others who base themselves on the Company's forward-looking information should carefully consider the above factors as well as the uncertainties they represent and the risk they entail. The Company believes that the expectations reflected in the forward-looking information are reasonable, but no assurance can be given that these expectations will prove to be correct. Please see the public filings of the Company at www.sedar.com for further information.

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