TORONTO, ONTARIO--(Marketwired - Sep 7, 2016) - Romios Gold Resources Inc. ("Romios") (TSX VENTURE:RG)(FRANKFURT:D4R) is pleased to announce that the Company expects to start a NQ drill core program of up to 2,000 metres on its Lundmark-Akow Lakes property this week. The drill program will test the significance of the geophysical anomalies which are deeper than those tested in previously drilled holes. The Lundmark-Akow Lakes claims are located approximately 18km north of Goldcorp's Musselwhite Mine, within the North Caribou Lake greenstone belt in the Patricia Mining Division, northwestern Ontario.

The previously reported five holes drilled by Romios to test the copper zone during the winter of 1998-1999 (holes RGRI-99-1 to RGRI-99-5) intersected wide zones of potentially significant copper and gold mineralization over a strike length of more than 1,000 metres (3,280 feet). (News Release, March 31, 1999).

In another nearby gold-bearing deformation zone, 14 grab and channel samples collected from an outcrop area assayed from a low of 12.26 gpt (0.358 oz/ton) to a high of 1,323.81 gpt (38.612 oz/ton) of gold. (News Release, November 24, 1997).

The technical information in this news release was reviewed and approved by Thomas Skimming, P.Eng, Vice-President of Exploration and a Director of Romios and a Qualified Person as defined by National Instrument 43-101.

About Romios Gold Resources Inc.

Romios is a progressive Canadian mineral exploration company established in 1995, and is actively engaged in precious and base metal exploration, most recently focused on gold, silver and copper in its properties in British Columbia, centrally located between Galore Creek Mining Corporation's large copper-gold-silver deposit and Barrick's high grade gold mine at Eskay Creek. Other property interests are in Northern Ontario, Quebec and Nevada.

This News Release contains forward-looking statements which are typically preceded by, followed by or including the words "believes", "expects", "anticipates", "estimates", "intends", "plans" or similar expressions. Forward-looking statements are not guarantees of future performance as they involve risks, uncertainties and assumptions. We do not intend and do not assume any obligation to update these forward-looking statements and shareholders are cautioned not to put undue reliance on such statements.

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