VANCOUVER, Aug. 22, 2016 /CNW/ - <u>PMI Resources Ltd.</u> ("PMI" or the "Company") (TSXV: PMI) <u>PMI Resources Ltd.</u> reports that pursuant to the Company's stock option plan, a total of 975,000 stock options have been granted to directors, officers, charities and consultants of the Company at an exercise price of \$0.61 per share, exercisable for a period of ten years, subject to regulatory approval.

About PMI Resources Ltd.

<u>PMI Resources Ltd.</u> is an international oil and gas company with exploration assets in France, including two exploration licenses (Ger and Ledeiux) totalling 169,790 net acres located in the gas-producing Acquitaine Basin.

ON BEHALF OF THE BOARD OF DIRECTORS OF PMI RESOURCES LTD.

"DAVID FARRELL" CEO & DIRECTOR

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

SOURCE PMI Resources Ltd.

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