

MONTREAL, QUEBEC--(Marketwired - Aug 16, 2016) - Bowmore Explorations Ltd. (the "Company" or "Bowmore") (TSX VENTURE:BOW)(FRANKFURT:0B5) is pleased to announce launching of Phase 2 of its reconnaissance drill program on its Southern Quebec quartzite property. In late 2015 the company completed 15 shallow drill holes, from which several 3 to 5 m-thick, relatively pure, pale grey quartzite horizons were identified. Processing of this material resulted in a purified sand-size product following crushing, sieving, optical and magnetic separations. Results to date from X-ray fluorescence analyses indicate greater than 99.0% SiO₂ purity and additional test work is being carried out using more precise analytical techniques in order to better quantify low levels of impurities.

The main objective of the 2016 drill program is testing of the quality, purity and strike length of the known quartzite horizons. The drill has been mobilized and Phase 2 will comprise an additional 12 to 15 shallow holes (less than 20 metres deep). The program is to be completed within the next two weeks.

Quebec South Silica Project

The Company holds several silica properties in Quebec, including 66 claims covering approximately 4,007 hectares in the southern part of the province. The property is well located and accessible by paved roads, abundant infrastructure and is close to commercial rail and waterways. Previous 2015 exploration work that included widely-spaced rock and channel sampling returned positive results in 4 distinct sectors, Farm Area, Scrap Yard, St-Pierre and Dump area averaging 99.4% SiO₂, 99.5% SiO₂, 94.0% SiO₂ and 99.0% SiO₂ respectfully (see Press release February 4, 2016).

Management continues to invest considerable efforts in researching high-purity silica products and establishing physical and chemical criteria for these specialized, lucrative high-end markets.

Mr. Paul Dumas, President and CEO of [Bowmore Exploration Ltd.](#), stated: "We are pleased to have added this additional silica property with its excellent results to our portfolio as we continue to evaluate potential high-purity silica properties in Quebec and elsewhere in Eastern Canada."

The technical content of this press release has been reviewed and approved Mr. Robert Wares, P. Geo. and Director of Bowmore, who is a non-independent Qualified Person as defined by National Instrument 43-101 - Standards of Disclosure for Mineral Projects ("NI 43-101").

About BOWMORE

BOWMORE is a Canadian exploration mining company focused on exploration in Canada and Mexico. The Company trades on the TSX Venture Exchange under the symbol "BOW". For further information on BOWMORE, visit www.bowmoreexploration.com.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Forward-looking statements:

Except for statements of historical facts, all statements in this news release regarding, without limitation, new project acquisitions, future plans and objectives are forward-looking statements which involve risks and uncertainties. There can be no assurance that such statements will prove to be accurate; Actual results and future events could differ materially from those anticipated in such statements.

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