MONTREAL, QUEBEC--(Marketwired - Aug 5, 2016) - <u>Beaufield Resources Inc.</u> ("Beaufield") (TSX VENTURE:BFD) is pleased to report on its initial drill results on its Urban property, Quebec.

Beaufield has received assay results for the follow-up summer drilling on the Lucky 7 zone, Macho block, that initially returned 7.86 g/t over 6 metres in on previous hole (Beaufield December 8th, 2015 NR). 4 holes were collared to test potential extensions of the mineralization. 2 other holes tested nearby geophysical targets. Results are compiled below in table 1 below and indicate the presence of gold, silver and copper over several intersections varying from 1 to 8 metres. The results are for 6 holes, totalling 998 metres of drill core.

Table 1: Select Drill Hole Intersections

Hole	From (m)	To (m)	Au g/t	Ag g/t	Cu %	Interval (m)*
BU-16-0	1 26.00	32.10	0.14	5.95	0.31	6.10
BU-16-0	1 52.60	54.15	0.23	10.60	1.08	1.55
BU-16-0	1 66.00	68.00	0.10	1.60	0.11	2.00
BU-16-0	1 72.00	74.00	0.72	1.55	0.09	2.00
BU-16-0	1 84.00	91.42	0.11	1.10	0.11	7.42
BU-16-0	1 151.00	156.00	0.12	2.54	0.20	5.00
BU-16-0	2 6.00	8.00	0.42	6.45	0.38	2.00
BU-16-0	2 14.00	15.00	1.86	1.00	0.02	1.00
BU-16-0	2 82.00	90.00	0.40	2.50	0.28	8.00
BU-16-0	2 122.00	124.00	0.12	3.90	0.29	2.00
BU-16-0	3 21.00	22.00	0.25	3.25	0.26	2.00
BU-16-0	3 34.00	41.00	0.26	5.03	0.35	7.00
BU-16-0	3 59.00	61.00	0.18	0.75	0.09	2.00
BU-16-0	3 69.00	71.00	0.41	0.30	0.06	2.00
BU-16-0	3 88.00	95.00	0.40	0.93	0.06	7.00
BU-16-0	4 42.00	43.00	0.17	6.30	0.97	1.00
BU-16-0	5 33.50	34.50	4.05	41.60	0.63	1.00
BU-16-0	5 144.00	146.00	1.00	0.95	0.05	2.00
BU-15-0	8 123.60	127.10	0.43	1.26	0.11	3.50
BU-15-0	8 143.35	144.85	1.46	11.40	0.12	1.50
BU-15-0	8 188.50	199.00	0.38	17.80	1.85	1.00

<sup>\*</sup> May not represent true width (true widths cannot be determined from the information and data currently available)

Beaufield's 2016 drill program includes descriptive logging and systematic sampling of the drill core for analysis. A total 250 samples were taken from the drill core. Every sampled interval was split in half with a core splitter or cut with a diamond blade saw. Half of any sampled core was left in the core box for future reference and the remaining half was bagged and sealed and sent to a commercial laboratory. Quality control samples (duplicate, blanks and standards) were systematically inserted in the sequence. Assays are performed at ALS CHEMEX Laboratories in Val d'Or, Quebec. The processed samples were submitted to a standard Fire Assay with AA technique (Au-AA-23) and Inductively Coupled Plasma Emission Spectroscopy (ME-ICP-41) on a 30 gram sub-sample.

Beaufield's 100% owned Urban property is centrally located within the Urban-Barry camp, near infrastructure and is easily accessible by road. The Urban area is an active area with many companies operating in the area including Osisko Mining, Bonterra Resources and Metanor Resources. Please refer to Beaufield's website for a map indicating the principal stakeholders for the Urban region. Beaufield began acquiring its Urban holdings in 1987 due to the presence of numerous gold occurrences. It is only recently that the importance of urban is being recognized. Beaufields centrally located properties will be aggressively explored. The company is well financed to undertake the work.

## **Qualified Person**

This news release has been prepared by Mathieu Stephens, P.Geo., Vice President of Exploration and Corporate Development for Beaufield, the Qualified Person, as defined by National Instrument 43-101.

## About Beaufield:

Beaufield is a well financed mineral exploration company with its exploration activity focused in Quebec. Please refer to Beaufield's website to view the company's properties in Eleonore-Opinaca, Troilus and elsewhere. The Corporation is actively exploring, well financed with approximately \$3 million in cash, has no debt and has excess work credits on its properties.

The information set forth in this press release includes certain forward-looking statements. Such statements are based on assumptions exposed to major risks and uncertainties. Although Beaufield deems the expectations reflected in these forward-looking statements to be reasonable, the Corporation cannot provide any guarantee as to the materialization of the expectations reflected in these forward-looking statements. The Corporation expressly disclaims any intention or obligation to update or revise any forward-looking statements whether as a result of new information, future events or otherwise, except as required by applicable law.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) has reviewed or accepts responsibility for the adequacy or accuracy of this Release.

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