Saratoga Resources Inc. (OTC Pink Market: SARAQ; the "Company" or "Saratoga") today announced that the U.S. Bankruptcy Court, Western District of Louisiana (the "Bankruptcy Court") has issued an Order and Notice Approving Disclosure Statement, Fixing Time for Filing Acceptances or Rejections of Plan, Fixing Date for Confirmation Hearing and Requiring a Tabulation of Voting (the "Order"). Pursuant to the Order, the Bankruptcy Court approved the Company's Disclosure Statement (the "Disclosure Statement"), fixed the date for filing objections to, and for filing acceptances or rejections of, the Company's Plan of Reorganization (the "Plan") for August 16, 2016 at 5:00 p.m. CST, and fixed the date of a hearing for confirmation of the Plan for August 23, 2016 at 1:30 p.m. to be held at 214 Jefferson Street, Suite 100, Lafayette, Louisiana.

The Order, Plan and Disclosure Statement, each with exhibits thereto, are on file and available for review at the Office of the Clerk of Court at the Bankruptcy Court at the above address and on the Court's website www.lawb.uscourts.gov. Copies of the Order, Plan, Disclosure Statement (including exhibits to each, as applicable) may be downloaded from a special page set up on the website of bankruptcy counsel for the Company, without cost, at http://hellerdraper.com/harvest/. The Company will also provide, at no cost, a paper or electronic copy of the Plan, Disclosure Statement and Order to any person who makes a written request upon bankruptcy counsel either by mail, fax or e-mail to:

Heller, Draper, Patrick, Horn & Dabney, L.L.C.

Attn: Kelly Fritscher

650 Poydras Street, Suite 2500 New Orleans, Louisiana 70130-6103

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Contact

Saratoga Resources Inc.

Thomas Cooke, 512-940-1948 Chairman/Chief Executive Officer or Andrew Clifford, 512-940-1948 President