

VAL D'OR, QUEBEC--(Marketwired - March 30, 2016) - [Hinterland Metals Inc.](#) (TSX VENTURE:HMI) ("Hinterland") announces that it has granted 2,400,000 incentive stock options (the "Options") to certain officers and directors of Hinterland. The Options were granted under the stock option plan (the "Plan") that was approved at the last Annual General Meeting held on May 7, 2015 and accepted by the TSX Venture Exchange on August 6, 2015. The Plan is a "rolling" plan whereby a maximum of 10% of the issued shares at the time of the grant are reserved for issuance under the Plan. The Options are exercisable at a price of \$0.05 per share until March 31, 2021.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release. This release may contain forward-looking statements that are subject to known and unknown risks and uncertainties that could cause actual results to vary materially from targeted results. Such risks and uncertainties include those described in the Company's periodic reports including the annual report or in the filings made by the Company from time to time with securities regulators. The Company undertakes no obligation to publicly release the result of any revision of these forward-looking statements to reflect events or circumstances after the date they are made or to reflect the occurrence of an unanticipated event.

#### Contact

[Hinterland Metals Inc.](#)

Mark Fekete

President

1-819-354-5244

info@hinterlandmetals.com

www.hinterlandmetals.com