

[Approach Resources Inc.](#) (NASDAQ: AREX) today announced that Approach's Chairman, Chief Executive Officer and President J. Ross Craft will present at the Scotia Howard Weil 44<sup>th</sup> Annual Energy Conference on Wednesday, March 23, 2016, at 10:20 AM CT. Presentations from this conference are not being webcast; however, the presentation slides will be available on the Company's website at [www.approachresources.com](http://www.approachresources.com).

#### About Approach Resources

Approach Resources Inc. is an independent energy company focused on the exploration, development, production and acquisition of unconventional oil and gas reserves in the Midland Basin of the greater Permian Basin in West Texas. For more information about the Company, please visit [www.approachresources.com](http://www.approachresources.com). Please note that the Company routinely posts important information about the Company under the Investor Relations section of its website.

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