MONTREAL, QUEBEC--(Marketwired - Feb 4, 2016) - Bowmore Explorations Ltd. (the "Company" or "Bowmore") (TSX VENTURE:BOW)(FRANKFURT:0B5) is pleased to announce the completion of a reconnaissance drill program on its Southern Quebec quartzite property. The main objective of the program was to enable preliminary testing of the quality of a near-surface horizontal quartzite formation that outcrops over several square kilometers by implementing a widely spaced shallow drill hole program.

Quebec South Silica Project

The Company holds several silica properties in Quebec, and recently staked 66 claims covering approximately 4,007 hectares in the southern part of the province. The property is well located and accessible by paved roads, abundant infrastructure and close to commercial rail and waterways. The objective was to assess the quality, purity and strike length of the known quartzite zones by completing 16 shallow (10-20 metre) vertical drill holes. Analytical results of purity of the quartzite will be made available as soon as they are completed. The fall exploration program also included mapping, rock and channel sampling that returned positive results in five (5) distinct areas, with the following values:

Farm area:

Rock type	Sample	SiO2 %	Fe2O3 %	AL2O3 %	TiO2 %	CaO %	MgO %	ALK %
Quartzite	R496073	99.75	0.03	0.07	0.02	0.01	<0.01	0.03
Quartzite	R496074	99.11	0.05	0.35	0.07	0.01	<0.01	0.26
Quartzite	R496075	98.82	0.06	0.31	0.05	0.14	0.07	0.20
Quartzite	R496076	99.46	0.07	0.20	0.03	0.03	0.01	0.10
Quartzite	R496077	99.09	0.03	0.38	0.03	0.01	<0.01	0.29
Quartzite	R496078	99.43	0.03	0.17	0.12	0.01	<0.01	0.12
Quartzite	R496079	99.40	0.08	0.20	0.02	0.02	0.03	0.07
Quartzite	R496080	99.53	0.06	0.17	0.02	0.01	0.01	0.06
Quartzite	R496081	99.52	0.02	0.15	0.03	0.01	<0.01	0.09
Quartzite	Average	99.35	0.05	0.22	0.04	0.03	0.01	0.14

S.Yard area:

Rock type	Sample	SiO2 %	Fe2O3 %	AL2O3 %	TiO2 %	CaO %	MgO %	ALK %
Quartzite	R496042	99.49	0.05	0.09	0.03	0.09	0.05	0.06
Quartzite	R496066	99.65	0.04	0.14	0.02	0.01	0.01	0.06
Quartzite	R496067	99.58	0.05	0.16	0.02	0.01	0.01	0.07
Quartzite	R496068	99.62	0.04	0.14	0.02	0.01	0.01	0.05
Quartzite	R496071	99.19	0.07	0.24	0.08	0.08	0.05	0.11
Quartzite	Average	99.51	0.05	0.15	0.03	0.04	0.03	0.07

St-Pierre area:

Rock type	Sample	SiO2 %	Fe2O3 %	AL2O3 %	TiO2 %	CaO %	MgO %	ALK %
Quartzite	R496064	99.55	0.03	0.17	0.05	0.01	<0.01	0.13
Felds quartzite	R496065	93.94	0.20	2.93	0.10	0.06	0.12	2.31

Roadside area:

Rock type	Sample	SiO2 %	Fe2O3 %	AL2O3 %	TiO2 %	CaO %	MgO %	ALK %
Felds quartzite	R496058	96.98	0.09	1.41	0.16	0.03	0.05	1.08
Felds quartzite	R496059	96.97	0.20	1.49	0.05	0.03	0.04	1.24
Felds quartzite	R496060	96.52	0.06	1.68	0.08	0.02	0.01	1.41

Dump area:

Rock type	Sample	SiO2 %	Fe2O3 %	AL2O3 %	TiO2 %	CaO %	MgO %	ALK %
Quartzite	R496061	99.49	0.04	0.12	0.03	0.01	0.01	0.06
Quartzite	R496062	98.76	0.09	0.56	0.04	0.02	0.05	0.35

Quartzite	R496063	99.14	0.02	0.40	0.06	0.01	<0.01	0.31
Quartzite	Average	99.13	0.05	0.36	0.04	0.01	0.02	0.24

Complete analyses normalized to 100% totals. Alk% = Na2O%+K2O%

Management continues to invest considerable efforts in researching high-purity silica products and establishing physical and chemical criteria for these specialized high-end markets.

Gilles Lanthier, P. Geo., is the Qualified Person who has reviewed this news release and is responsible for the technical information reported herein.

Mr. Paul Dumas, President and CEO of Bowmore Exploration Ltd., stated: "We are pleased to have added an additional silica property with excellent potential to our portfolio as we continue to evaluate other silica properties in Quebec and elsewhere in Eastern Canada."

About BOWMORE

BOWMORE is a Canadian exploration mining company focused on exploration in Canada and Mexico. The Company trades on the TSX Venture Exchange under the symbol "BOW".

For further information on BOWMORE, visit www.bowmorexploration.com.

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Forward-looking statements: Except for statements of historical facts, all statements in this news release regarding, without limitation, new project acquisitions, future plans and objectives are forward-looking statements which involve risks and uncertainties. There can be no assurance that such statements will prove to be accurate; Actual results and future events could differ materially from those anticipated in such statements.

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