

VAL-D'OR, QUEBEC--(Marketwired - Dec 8, 2015) - [Metanor Resources Inc.](http://www.metanor.com) ("Metanor") (TSX VENTURE:MTO) is pleased to provide this update on its exploration drilling program, from the surface, on the Moroy property located south of Bachelor mine (the South Zone). A hole intersected 15.3 g/t over 6.6 meters (MO-15-68).

Two drills are presently drilling on this property. Many holes were drilled around the discovery, and the results are published in the table below. See press release from September 22nd 2015 regarding the discovery south of Bachelor Mine. These holes confirm a multi vein system which one is represented on the section diagram below, and determines the orientation of the veins with more precision. The interpretation to date shows that one of the veins has an East-West orientation, and a dip near 70 degree to the North.

The next holes will focus on increasing the size of the zone since it is open in all directions. Furthermore, a previous hole drilled in 2013, from level 14 at the Bachelor Mine, toward this zone intersected 5.2 g/t over 2.4 m, 600 m below surface. More holes are being assayed, and the results will be published as they are available.

Images are available at the following addresses :

<http://file.marketwire.com/release/mto1.jpg>

<http://file.marketwire.com/release/mto2.jpg>

The results are in the table below:

Hole No.	From (m)	To (m)	Length (m)*	Au grade capped (g/t)	True width (estimated)
MO-15-18	163	173,4	10,5	1,1	70%
MO-15-24	138,7	139,3	0,6	5,7	70%
MO-15-41	198,4	200,3	1,9	6,7	70%
MO-15-44	210,1	213,9	3,8	4,8	55%
MO-15-51	19,8	22,7	3	1,9	70%
MO-15-55	25,8	26,3	0,5	4,5	55%
MO-15-58	38,1	42,5	4,4	11,4	55%
MO-15-59	27,8	28,1	0,3	8,3	55%
MO-15-62	20	30,8	10,7	8,4	55%
MO-15-63	103,2	106,6	3,4	13,8	55%
MO-15-64	59,6	60,4	0,8	11,5	55%
MO-15-65	97,8	101,5	3,7	1,8	55%
MO-15-66	99,2	106,6	7,3	2,4	55%
MO-15-68	18,6	19,8	1,3	2,4	70%
MO-15-68	40,6	47,3	6,6	15,3	55%
MO-15-68	121,1	122,9	1,8	3,3	70%
MO-15-69	59,4	60	0,6	11,5	55%
MO-15-73	20,4	24	2,6	2,6	55%
MO-15-74	28,8	31,8	3	6,3	55%
MO-15-75	35	41,5	6,5	2,9	55%
MO-15-98	21,4	24,7	3,3	9,8	75%

*Core length

The true width is between 55 and 70% of the core length obtained in diamond drill holes. The cap-off grade used in the analysis is 31 g/t or 1 oz Au. The samples were assayed by fire-assay at the Metanor assay lab. The quality control program of the assay results (QA QC) adopted by Metanor includes a minimum of 10% of controlled assays being conducted as well as verification by an independent external assay lab.

Qualified Person

Pascal Hamelin, P.Eng, Vice-president of Operations, is the Qualified Person under NI 43-101, responsible for reviewing and approving the technical information contained in this news release.

Cautionary Language and Forward-Looking Statements

This press release includes certain statements that may be deemed "forward-looking statements". All statements in this discussion, other than statements of historical facts, that address future exploration drilling, exploration activities, anticipated metal production, internal rate of return, estimated ore grades, commencement of production estimates and projected exploration and capital expenditures (including costs and other estimates upon which such projections are based) and events or developments that the Company expects, are forward looking statements. Although the Company believes the expectations expressed in such forward looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in forward-looking statements.

Neither the TSX Venture Exchange, nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release.

421,189,849 outstanding shares

Contact

Ronald Perry, Vice-President
514-262-8286
rperry@metanor.ca