SUDBURY, ONTARIO--(Marketwired - Nov 2, 2015) - Northern Superior Resources Inc. ("Northern Superior" or the "Company") (TSX VENTURE:SUP) announces that the Company elected on October 27th, 2015 not to complete the exercise of its option to earn a 100% interest in the Grizzly property, which is owned by GL Geoservice Inc. and Marc Bouchard, in order to focus efforts on its 100% owned properties in Ontario and Québec.

Dr. T.F. Morris President and CEO states: "While the exploration programs completed to date clearly indicate mineral potential on the Grizzly property, Northern Superior has decided to focus its resources on the Company's 100% owned exploration properties in Québec and Ontario. Northern Superior wishes to thank Gilbert and Marco for the opportunity presented to Northern Superior, and wish them well on moving this property forward."

About Northern Superior Resources Inc.

Northern Superior is currently exploring three properties that represent regional- scale exploration programs, 100% owned and operated by Northern Superior. Exploration to date has identified numerous drill- ready targets for gold, copper and silver on the Ti-pa-kaa-haa-ning (TPK) property of northwestern Ontario and gold on the Company's Croteau Est and Lac Surprise properties in west- central Québec.

Northern Superior is a reporting issuer in British Columbia, Alberta, Ontario and Quebec, and trades on the TSX Venture Exchange under the symbol SUP.

For Investors

*Forward looking statements: This news release includes certain "forward‐looking information" within the meaning of Canadian securities legislation and "forward‐looking statements" within the meaning of the United States Private Securities Litigation Reform Act or 1995 (collectively, "forward looking statements"). Forward looking statements include predictions, projections and forecasts and are often, but not always, identified by the use of words such as "seek", "anticipate", "believe", "plan", "estimate", "forecast", "expect", "potential", "project", "target", "schedule", "budget" and "intend" and statements that an event or result "may", "will", "should", "could" or "might" occur or be achieved or other similar expressions and includes the negatives thereof. All statements other than statements of historical fact included in this release, including, without limitation, statements regarding potential mineralization, exploration results, interpretation of results, the timing and success of exploration activities generally, the timing and results of future resource estimates, and future plans and objectives of Northern Superior are forward‐looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Forward looking statements are based on a number of material factors and assumptions. Important factors that could cause actual results to differ materially from Northern Superior's expectations include exploration risks, changes in project parameters as plans continue to be refined, results of future resources estimates, future metal prices, availability of capital and financing on acceptable terms, general economic, market or business conditions, uninsured risks, regulatory changes, defects in title, availability of personnel, materials and equipment on a timely basis, accidents or equipment breakdowns, delays in receiving government approvals, unanticipated environmental impacts on operations and costs to remedy same, and other exploration or other risks detailed herein and from time to time in the filings made by the Company with securities regulators. Although the Company has attempted to identify important factors that could cause actual actions, events or results to differ from those described in forward looking statements, there may be other factors that cause such actions, events or results to differ materially from those anticipated. There can be no assurance that forward looking statements will prove to be accurate and accordingly readers are cautioned not to place undue reliance on forward looking statements.*

*Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.*

Contact

Thomas F. Morris PGeo., PhD., FGAC, ICD.D
President and CEO
(705) 525-0992
(705) 525-7701
info@nsuperior.com
www.nsuperior.com