LA PRAIRIE, QUEBEC--(Marketwired - Oct 21, 2015) - The Board of directors of Vanstar Mining Resources Inc. (TSX VENTURE:VSR) approved today the grant of 800,000 stock options to recently appointed directors, officer and consultant of the Company. The options are priced at $0.05 and are valid for a period of 5 years.

In other news, Alain Chayer resigned as director of Vanstar as of September 29. Mr. Chayer is starting a new business venture and will need to allocate most of his time to it. Denis Bélisle also resigned from the board as of October 9 due to special projects requiring more of his time at his main occupation.

The board of directors wishes them the best with there new endeavors.

Contact

Guy Morissette
President and Chief Executive Officer
Phone: 1-819-762-5035
Cell: 1-819-763-5096
gmvanstar@gmail.com
www.vanstarmining.com