VAL-D'OR, QUEBEC--(Marketwired - Sep 15, 2015) - Metanor Resources Inc. ("Metanor") (TSX VENTURE:MTO) is pleased to present an update on the underground exploration activity at Bachelor Mine. A drill located on level 6 has intersected 7.2 g/t over 8.1 meters. The drill hole intersected the vein 8-H-14 between level 6 and level 8. The results are in the table below:

Hole No	From (m)	To (m)	length (m)*	Au grade capped (g/t)	Zone
6-153	109.7	110.6	0.9	2.3	8-H-14
6-154	112.0	119.7	7.8	1.4	8-H-14
6-155	103.7	105.5	1.8	4.8	8-H-14
6-157	91.0	91.4	0.4	12.9	8-H-14
	109.5	113.0	3.4	2.6	8-H-14
6-158	112.2	114.1	2.0	1.5	8-H-14
6-171	69.7	74.2	4.5	1.3	6-H-12
6-178	18.93	21.10	2.16	20.0	6-H-4
6-179	27.56	31.86	4.30	8.8	6-H-4
6-180	14.39	15.73	1.34	2.6	6-H-4
6-181	39.54	41.49	1.95	16.9	6-H-12
6-184	72.1	74.0	1.9	8.2	6-H-12
	78.3	79.1	0.8	6.1	6-H-12
6-185	96.2	99.0	2.8	5.1	8-H-14
6-187	117.6	118.2	0.6	11.6	8-H-14
	121.0	126.5	5.5	8.6	8-H-14
6-188	111.1	119.2	8.1	7.2	8-H-14
including	111.1	114.2	3.0	13.4	8-H-14
including	116.2	119.2	3.0	5.2	8-H-14
6-189	117.1	119.8	2.7	2.6	8-H-14
6-190	114.6	122.0	7.3	3.0	8-H-14
including	114.6	117.1	2.4	5.4	8-H-14
including	120.7	122.0	1.2	6.2	8-H-14
	133.9	140.5	6.6	2.1	8-H-14
6-191	114.6	122.0	7.3	3.0	6-H-12
6-192	74.4	77.3	2.9	10.8	6-H-12
6-193	74.6	77.2	2.5	8.9	6-H-12
6-194	73.0	75.0	2.0	7.4	6-H-12
6-195	84.6	85.7	1.1	13.4	6-H-12
6-196	74.6	75.6	1.0	2.0	6-H-14
6-197	89.1	92.1	3.0	8.0	6-H-14
6-198	79.9	81.6	1.8	6.4	6-H-14

*Core length

These holes demonstrate the concentration of gold mineralization between level 4 and level 8 in the Hewfran sector (See the longitudinal section for the holes location). The development activities are presently within 50 meters from the 8-H-14 sector. The construction of a diamond drill bay on level 8 is planned in October to drill below toward level 10 and 12.

The development activities reached the mineralized zone in the 6-H-10 last week. The average width of the ore is 4.0 meters over the first 11 m of sill excavated. The grade to date is 11.4 g/t over the excavated length. The vein remains open to the east and west.

To view the map associated with this press release, please visit the following link:
http://media3.marketwire.com/docs/1025030E.jpg

The true width is between 60 and 80% of the core length obtained in diamond drill holes. The cap-off grade used in the analysis is 31 g/T or 1 oz Au. The samples were assayed by fire-assay at the Metanor assay lab. The quality control program of the assay results (QA QC) adopted by Metanor includes a minimum of 10% of controlled assays being conducted as well as verification by an independent external assay lab.

Qualified Person

Pascal Hamelin, P.Eng, Vice-president of Operations, is the Qualified Person under NI 43-101, responsible for reviewing and

approving the technical information contained in this news release.

Cautionary Language and Forward-Looking Statements

This press release includes certain statements that may be deemed "forward-looking statements". All statements in this discussion, other than statements of historical facts, that address future exploration drilling, exploration activities, anticipated metal production, internal rate of return, estimated ore grades, commencement of production estimates and projected exploration and capital expenditures (including costs and other estimates upon which such projections are based) and events or developments that the Company expects, are forward looking statements. Although the Company believes the expectations expressed in such forward looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in forward-looking statements.

Neither the TSX Venture Exchange, nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release.

356,957,733 outstanding shares

Contact

Metanor Resources Inc.
Ronald Perry, Vice-President
514-262-8286
rperry@metanor.ca