VAL-D'OR, QUEBEC--(Marketwired - Jun 30, 2015) - Metanor Resources Inc. ("Metanor") (TSX VENTURE:MTO) is pleased to present an update of the exploration activity at Bachelor Mine. The team at Bachelor Mine intersected 18.0 g/t over 1.5 meters on level 12 in an unknown sector. This sector is less than 80 meters south from the current infrastructure of level 12 (See the level plan below). The results are released in the table below:

Hole N° From (m) To (m) length (m)* Au grade zone capped (g/t)

12-168 109.70 111.20 1.50 18.0 Unknown zone
*Core length

This sector was not drilled previously. Three holes are planned to be drilled in the same area to verify the continuity and orientation of the gold structure. The results will be published as they are available.

The true width is unknown in relation to the core length obtained in the diamond drill hole. The cap-off grade used in the analysis is 51.5 g/t or 1.5 oz Au. The samples were assayed by fire-assay at the Metanor assay lab. The quality control program of the assay results (QA QC) adopted by Metanor includes a minimum of 10% of controlled assays being conducted as well as verification by an independent external assay lab.

About Metanor

Metanor is a Canadian-based gold mining company with a focus on adding value per share through efficient production, exploration, and development of it properties.

Qualified Person

Pascal Hamelin, P.Eng, Vice-president of Operations, is the Qualified Person under NI 43-101, responsible for reviewing and approving the technical information contained in this news release.

Cautionary Language and Forward-Looking Statements

This press release includes certain statements that may be deemed "forward-looking statements". All statements in this discussion, other than statements of historical facts, that address future exploration drilling, exploration activities, anticipated metal production, internal rate of return, estimated ore grades, commencement of production estimates and projected exploration and capital expenditures (including costs and other estimates upon which such projections are based) and events or developments that the Company expects, are forward looking statements. Although the Company believes the expectations expressed in such forward looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in forward-looking statements.

Neither the TSX Venture Exchange, nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release.

A map is available at the following link: http://media3.marketwire.com/docs/1015050a Bachelor.jpg.

Contact

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