VAL-D'OR, QUEBEC--(Marketwired - May 14, 2015) - <u>Metanor Resources Inc.</u> ("Metanor") (TSX VENTURE:MTO) is pleased to announce that it has intersected 12.24 g/T over 4 meters in a zone located between the known Hewfran sector, and the Bachelor sector near the infrastructures of level 6 of the Bachelor Mine.

The Hewfran sector is the western portion of the Bachelor property. This sector was explored from surface and from underground on level 6 in the last 30 years. In the 80's, a 500 meters exploration drift was developed to the west from the Bachelor sector of the mine on level 6. In the last few months, this drift was dewatered and rehabilitated to today's standards.

A map is available at the following link: http://media3.marketwire.com/docs/1007226E Map.jpg

During the last few weeks, the drilling activities began on level 6. The table below shows the results obtained to date in that sector. These results confirm a new zone, and the development activities toward that zone are in progress on levels 6 and 8. The drilling activities on level 6 are continuing and a second drill is planned in that area within the next few weeks.

Hole No From (m) To (m) Length* (m) Grade (g/t Au) Zone

6-108	103.13	107.19 4.06	12.24	Zone A - Hewfran Sector
6-112	77.36	79.90 2.54	9.63	Zone A - Hewfran Sector
6-113	85.52	87.42 1.91	21.11	Zone A - Hewfran Sector
6-114	76.91	79.32 2.41	3.31	Zone A - Hewfran Sector
6-115	70.12	74.01 3.89	5.34	Zone A - Hewfran Sector
6-116	86.48	88.29 1.80	9.9	Zone A - Hewfran Sector

^{*}Core length

The true width is between 65 and 95% of the core length obtained in diamond drill holes. The cap-off grade used in the analysis is 51.5 g/T or 1.5 oz Au. The samples were assayed by fire-assay at the Metanor assay lab. The quality control program of the assay results (QA QC) adopted by Metanor includes a minimum of 10% of controlled assays being conducted as well as verification by an independent external assay lab.

About Metanor

Metanor is a Canadian based gold mining company with a focus on adding value per share through efficient production, exploration, and development of it properties.

Qualified Person

Pascal Hamelin, P.Eng, Vice-president of Operations, is the Qualified Person under NI 43-101 responsible for reviewing and approving the technical information contained in this news release.

Cautionary Language and Forward-Looking Statements

This press release includes certain statements that may be deemed "forward-looking statements". All statements in this discussion, other than statements of historical facts, that address future exploration drilling, exploration activities, anticipated metal production, internal rate of return, estimated ore grades, commencement of production estimates and projected exploration and capital expenditures (including costs and other estimates upon which such projections are based) and events or developments that the Company expects, are forward looking statements. Although the Company believes the expectations expressed in such forward looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in forward-looking statements.

Neither the TSX Venture Exchange, nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release.

Contact

Ronald Perry, Vice-President 514-262-8286 rperry@metanor.ca