Cayden Resources Commences Drilling at Quartz Mountain Silver-Gold Project and Provides Morelos Sur Gold Project Update

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VANCOUVER, BRITISH COLUMBIA -- (Marketwire - Dec. 2, 2011) - Cayden Resources Inc. (TSX VENTURE: CYD) ("Cayden" or the "Company") is pleased to announce that it has commenced drilling on its Quartz Mountain property near Fallon, Nevada. Cayden is targeting an area of historical silver lead-zinc production and a non 43-101 compliant geological Ag-Pb-Zn resource. Cayden and JV partner Railhead Resources have recently obtained both soil and drill samples, which indicate a geochemical anomaly that is approximately 1.5 kilometers long and 1.5 kilometers wide - far bigger than the workings and historical drilling would indicate. Rock samples taken from the area indicate the presence of gold, which was not sampled for previously and has returned values as high as 1.38 and 2.38 grams per tonne gold (see the link below for the Quartz Mountain claim map and soil and rock anomalies map or visit our website at www.caydenresources.com). A core-drilling program will follow in 2012, testing both extensions of the mineralization at Quartz Mountain as well as additional targets on the property.

To view the maps associated with this release, please visit the following link: http://media3.marketwire.com/docs/cyd122i.pdf

Morelos Sur Gold Property, Mexico update

Cayden has completed 3 holes of a 17-hole drill program at its Las Calles target, which is in close proximity to nearby Los Filos and El Bermejal open-pit gold mines. In the next 6 months approximately 30,000 meters will be drilled between both of Cayden's Mexico and Nevada properties. Cayden currently has $8.2 million in the treasury, which will adequately fund the Company's drilling programs.

Chief Exploration Geologist, Dan McCoy states: "We are very encouraged by the fact that we are encountering the kind of lithology, structure, and alteration we had anticipated in the holes we have drilled to date at our Las Calles target. We anticipate completing significant drilling on both our Morelos Sur and Quartz Mountain projects over the next six months. Assay results from both programs are expected to be available for release in early in 2012."

On Behalf of the Board,

Ivan Bebek
President and CEO

About Cayden Resources

Cayden is a well financed junior mining company focused on delivering shareholder value through the acquisition, exploration and development of precious metal projects located throughout the Americas. The management team at Cayden is highly experienced with an impressive track record of success in the discovery, development and financing of mineral projects. Cayden is also strongly committed to the highest standards for environmental management, social responsibility, and health and safety for its employees and neighboring communities. Cayden trades on the TSX Venture Exchange under the symbol "CYD".

For more information on Cayden Resources, please visit our website at www.caydenresources.com.

Forward Looking and other Cautionary Information

This news release does not constitute an offer to sell or a solicitation of an offer to buy nor shall there be any sale of any of the Common Shares in any jurisdiction in which such offer, solicitation or sale would be unlawful. The Common Shares have not been and will not be registered under the United States Securities

Act of 1933, as amended (the "U.S. Securities Act") or any state securities laws and may not be offered or sold within the United States or to, or for the benefit of, U.S. persons (as defined in Regulation S under the U.S. Securities Act) unless registered under the U.S. Securities Act and applicable state securities laws or pursuant to an exemption from such registration requirements.

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