Continental Gold Discovers a Third Broad Mineralized Zone at Buriticá With High-Grade Gold Drill Results Including 5.50 Metres @ 202.56 Grams per Tonne Gold Equivalent

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- A new broad mineralized zone, "BMZ3", has been confirmed by drilling in the Yaraguá system. BMZ3, which is lo
 approximately 150 metres west of BMZ1, is hosted within a breccia matrix, thus differentiating it geologically from
 BMZ2.
- High-grade gold-bearing intercepts over substantial widths were drilled in BMZ3, demonstrating potential for bulk results including:
- 5.50 metres @ 202.23 g/t gold and 24.5 g/t silver (BUUY420)
 - 30.15 metres @ 7.97 g/t gold and 5.5 g/t silver (BUUY426)
 - 12.45 metres @ 9.74 g/t gold and 2.4 g/t silver (BUUY428)
 - 6.90 metres @ 9.90 g/t gold and 35.6 g/t silver (BUUY431).
- Drilling results into BMZ3 announced herein cover an area measuring approximately 110 metres laterally by 175
 vertically. The zone remains wide open vertically in both directions and drilling is underway to test the extent of th
 mineralization.
- Two drill-holes intersected multiple high-grade intercepts located up to 100 metres outside of the southern bound January 2019 mineral resource estimate domain wireframes, with highlight results as follows:
- 7.30 metres @ 20.66 g/t gold and 58.7 g/t silver (BUUY426)
 2.35 metres @ 10.93 g/t gold and 4.7 g/t silver (BUUY431).
- Infill drilling into an area where vein mining is targeted during the early production years have intercepted gold gra that are typically higher than the corresponding locations in the January 2019 mineral resource estimate, with key follows:
- 2.00 metres @ 29.97 g/t gold and 54.3 g/t silver (BUUY424)
 - 2.50 metres @ 14.15 g/t gold and 23.6 g/t silver (BUUY424)
 - 1.70 metres @ 57.14 g/t gold and 94.3 g/t silver (BUUY426).

TORONTO, Feb. 21, 2019 - <u>Continental Gold Inc.</u> (TSX:CNL; OTCQX:CGOOF) ("Continental" or the "Company") is ple announce additional high-grade assay results from six holes drilled into the Yaraguá vein system as part of the explorat program at its 100%-owned Buriticá project in Antioquia, Colombia. The Company is currently operating six undergrour drill rigs and one exploration drilling rig. As previously announced, the Company plans to drill up to 73,500 metres in 20 consisting of approximately 55,000 metres of capitalized definition drilling and approximately 18,500 metres of explorat drilling. Supporting information for results discussed in this release can be found in Table 1 and Figures 1 and 2.

"The discovery of BMZ3 is an important milestone for the Buriticá Project as it delivers another potential bulk mineable mine-planning group ahead of anticipated first gold pour in H1 2020," said Ari Sussman, CEO. "With the construction o mine continuing on schedule at a brisk pace, excitement and momentum are growing rapidly with our employees and th community."

Interpretation of the newly-discovered breccia hosted BMZ3, which is located approximately 150 metres west of BMZ1 Yaraguá system, began after a single definition drill-hole intercepted high-grade gold over bulk mineable widths averag metres @ 7.92 g/t gold and 8.7 g/t silver (DYR0050, 1,460-metre elevation) (see Company release dated October 1, 20 Consequently, a series of six exploration holes were drilled to test for BMZ3 potential with four of the holes intercepting gold over bulk mineable widths, one hole intercepting lower-grade gold over potentially bulk mineable widths (BUUY410 metres @ 4.02 g/t gold and 4.1 g/t silver) and one hole (BUUY424) stopping short of the target due to technical difficult

results from BMZ3 are as follows:

- 5.50 metres @ 202.23 g/t gold and 24.5 g/t silver (BUUY420)
 30.15 metres @ 7.97 g/t gold and 5.5 g/t silver (BUUY426)
 12.45 metres @ 9.74 g/t gold and 2.4 g/t silver (BUUY428)
 6.90 metres @ 9.90 g/t gold and 35.6 g/t silver (BUUY431).

Drilling results announced in this release have intercepted high-grade gold over significant dimensions measuring appr 300 metres laterally by 300 metres vertically.

The Company also anticipates receiving additional assay results shortly for recently completed drill-holes into the BMZ2 announced on January 15, 2019. Results will be reported once they are compiled and interpreted.

Table I: Drill Hole Results

Hole ID	From (m)	To (m)	Intercep Interval' (m)	ot Gold** * (g/t)	Silver* (g/t)	* Gold Equivalent* (g/t)	Mid-Poir * Elevation (m)	
BUUY41	640.80	42.90	2.10	3.90	20.5	4.18	1497	NW+NWSE
	68.00	69.70	1.70	4.98	24.8	5.31	1476	
	90.20	90.80	0.60	28.20	30.2	28.60	1425	
	98.50	100.20	01.70	14.57	81.5	15.66	1452	
	103.0	0 105.10	02.10	7.60	4.0	7.66	1448	
	131.3	0134.60	03.30	11.11	19.5	11.37	1426	
incl	132.0	0 132.60	0.60	29.00	53.5	29.71	1426	
	156.7	0 159.30	02.60	6.72	22.0	7.01	1406	
incl	156.7	0 157.30	0.60	24.60	34.5	25.06	1407	
	176.3	0 178.70	02.40	5.45	7.7	5.55	1390	
incl	178.2	0 178.70	0.50	19.40	23.6	19.71	1390	
	270.4	0291.20	020.80	4.02	4.1	4.08	1304	BMZ3
incl	275.7	0278.80	03.10	19.01	19.0	19.26	1314	
incl	276.2	0276.70	0.50	93.10	93.1	94.34	1315	
BUUY42	035.10	37.90	2.80	9.02	38.7	9.54	1501	NW
incl	36.90	37.90	1.00	22.10	85.2	23.24	1501	
	55.50	56.60	1.10	4.35	9.6	4.48	1487	
	62.80	65.30	2.50	4.02	3.4	4.07	1481	
	85.40	88.00	2.60	15.28	31.2	15.70	1464	SA
incl	85.40	85.90	0.50	66.70	96.0	67.98	1465	

	168.00) 173.50	5.50	202.23	24.5	202.56	1400	BMZ3
incl	168.00)168.50	0.50	2190.00	239.0	2193.19	1402	
	228.90	233.10	4.20	2.14	4.2	2.20	1353	PRE
	250.25	5253.10	2.85	1.96	10.1	2.09	1338	
	272.20	279.10	6.90	3.19	4.2	3.25	1318	MU
	281.35	5286.80)5.45	2.30	5.0	2.36	1312	
BUUY424	29.30	31.30	2.00	29.97	54.3	30.69	1510	NWSE+NW
incl	30.70	31.30	0.60	58.50	143.0	60.41	1510	
	68.70	69.20	0.50	25.80	169.0	28.05	1487	SA
	96.20	98.70	2.50	14.15	23.6	14.46	1470	HW
incl	96.70	97.20	0.50	38.40	97.7	39.70	1470	
	117.70) 122.60	04.90	1.39	25.1	1.72	1455	BMZ3
BUUY426	31.70	32.30	0.60	6.99	8.0	7.10	1508	NW
	72.30	74.25	1.95	5.45	19.4	5.71	1480	SA
incl	72.30	72.80	0.50	10.75	66.2	11.63	1481	
	83.25	84.95	1.70	57.14	94.3	58.40	1473	
incl	84.40	84.95	0.55	173.50	279.0	177.22	1473	
	113.90	0116.30	2.40	3.37	13.6	3.56	1453	HW
	120.60) 127.25	56.65	9.94	29.8	10.34	1447	HW
incl	120.60)121.10	0.50	108.00	355.0	112.73	1449	
	187.30)217.45	530.15	7.97	5.5	8.05	1384	BMZ3
incl	199.90)200.45	50.55	392.00	139.0	393.85	1395	
	219.80)222.25	52.45	2.16	3.6	2.21	1381	PRE
	261.50	268.10	06.60	1.46	3.2	1.50	1349	MU
	296.40	0300.25	53.85	5.74	12.2	5.90	1327	New
incl	298.05	5298.55	50.50	24.20	59.8	25.00	1328	
	304.45	5311.75	57.30	20.66	58.7	21.45	1321	New
incl	306.30	307.40)1.10	84.78	125.5	86.45	1322	
and	311.20	311.75	50.55	54.90	15.0	55.10	1319	
	328.40	329.05	50.65	6.97	14.5	7.16	1308	New
BUUY428	849.00	50.60	1.60	15.16	113.9	16.68	1487	NWSE
incl								

incl

49.50

50.00

	89.25	90.20	0.95	7.22	33.6	7.67	1454	
	104.7	0 106.2	01.50	5.33	21.9	5.62	1441	SA
incl	105.7	0 106.2	00.50	12.30	61.0	13.11	1441	
	182.2	0 185.0	02.80	7.92	11.0	8.06	1374	SA
	208.7	0210.0	01.30	17.15	42.3	17.72	1354	
	276.9	0289.3	512.45	9.74	2.4	9.77	1291	BMZ3
incl	279.5	5280.1	00.55	96.30	16.7	96.52	1294	
and	288.8	5 289.3	50.50	112.50	28.9	112.89	1287	
	311.0	0312.7	01.70	3.59	14.5	3.79	1268	
	315.1	5319.0	53.90	8.19	11.6	8.35	1263	
incl	315.1	5315.7	00.55	41.30	37.8	41.80	1265	
	342.6	5 363.2	020.55	2.42	3.0	2.46	1226	MU
incl	356.9	0357.7	00.80	11.80	23.0	12.11	1230	
BUUY431	37.70	42.50	4.80	6.03	78.0	7.07	1499	NWSE
incl	37.70	38.20	0.50	50.30	719.0	59.89	1502	
	95.40	98.10	2.70	9.39	20.8	9.66	1459	SA
incl	95.90	96.45	0.55	23.00	16.0	23.21	1460	
	145.3	0146.3	51.05	13.64	259.5	17.10	1424	
	183.4	5 188.0	04.55	3.49	4.0	3.55	1394	HW
incl	187.0	0 187.5	00.50	17.40	4.2	17.46	1394	
	251.5	0258.4	06.90	9.90	35.6	10.37	1345	BMZ3
incl	255.7	0256.2	50.55	50.40	13.0	50.57	1344	
			013.40	2.19	1.8	2.22	1319	PRE
incl	281.8	0282.5	00.70	11.35	2.6	0.5 metres. 11.38	1326	·
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** Grades herein are reported as uncapped values. Gold equivalent in this release and table was calculated at inclAu: Ag 29/57/04/15/56 assumptions? made for #fetallurgital recovery rates.

	305.20 325.00 19.80	1.37	1.7	1.40	1295	MU
Geologic	357.35359.702.35 al Description of the Bur			10.99	1270	New
incl	357.35357.850.50	41.80	8.7	41.92	1271	

Continental's 108% swhed 25,023 bectare project, Buriticá, contains several known areas of high-grade gold and silve mineralization, of base metal carbonate-style ("Stage I") variably overprinted by texturally and chemically distinctive hig ("Stage II") crineralization. The two mest extensively explored of these areas (the Yaraguá and Veta Sur systems) are of this land package. The Yaraguá system has been drill-outlined along 1,350 metres of strike and 1,800 vertical metres a sampled in underground developments. The Veta Sur system has been drill-outlined along 1,300+ metres of strike and vertical metres and has been partially sampled in underground developments. Both systems are characterized by multi steeply-dipping veins and broader, more disseminated mineralization and both remain open at depth and along strike, a grades.

BMZ3 Details

BMZ3 consists of a group of modelled precious metal-bearing vein domains that interlope within an intrusive breccia with pervasive hydrothermal alteration (quartz, sericite and pyrite), resulting in a fracturally controlled zone of mineralization. As a result, bulk mineralization is pervasive in this zone albeit at somewhat lower grades than the individual modeled veins presenting potential for more productive mineable zones. To date, the Company has identified up to seven BMZ targets for testing and will systematically drill each target zone as underground mine development advances.

Technical Information

Mauricio Castañeda, Vice-President, Exploration of the Company and a Qualified Person for the purpose of Canadian National Instrument 43?101 ("NI 43?101"), has prepared or supervised the preparation of, or approved, as applicable, the technical information contained in this press release.

Reported intervals include minimum weighted averages of 3 g/t gold equivalent (1:75 Au/Ag) over core lengths of at least 1.0 metres. Assays are uncut except where indicated.

Besides rigorous chain-of-custody procedures, the Company utilized a comprehensive quality control/quality assurance program for the channel samples. All quality control anomalies were addressed and/or corrected as necessary to assure reliable assay results; no material quality control issues were encountered in the course of the program. Crush rejects and pulps are kept and stored in a secured storage facility for future assay verification. Although historic correlation between analytical results from the Company's internal laboratory and certified independent laboratories for gold and silver analysis have been within acceptable limits, the Company's internal laboratory is neither independent nor certified under NI 43-101 guidelines and, as such, channel sampling results in this release should only be taken by the reader as indicative of future potential.

For exploration and infill core drilling, the Company applied its standard protocols for sampling and assay. HQ and NQ core is sawn or split with one-half shipped to a sample preparation laboratory in Medellín run by ALS Colombia Limited ("ALS"), whereas BQ core samples are full core. Samples are then shipped for analysis to an ALS-certified assay laboratory in Lima, Peru. The remainder of the core is stored in a secured storage facility for future assay verification. Blanks, duplicates and certified reference standards are inserted into the sample stream to monitor laboratory performance and a portion of the samples are periodically check-assayed at SGS Colombia S.A., a certified assay laboratory in Medellín, Colombia.

The Company does not necessarily receive assay results for drill holes in sequential order; however, all significant assay results are publicly reported.

For information on the Buriticá project, please refer to the technical report, prepared in accordance with NI 43?101, entitled "Buriticá Project NI 43–101 Technical Report Feasibility Study, Antioquia, Colombia" and dated March 29, 2016 with an effective date of February 24, 2016, led by independent consultants JDS Energy & Mining Inc. Additional information on the Company's updated mineral resource estimate for the Buriticá project, with an effective date of January 26, 2019 and prepared by the Company under the guidance and supervision of Mr. Ivor W.O. Jones, M.Sc., FAusIMM, CPgeo, P.Geo (an independent Qualified person under NI 43-101 guidelines), is available in the Company release dated January 30, 2019. The technical report and Company release are available on SEDAR at www.sedar.com, on the OTCQX at www.otcmarkets.com and on the Company website at www.continentalgold.com.

About Continental Gold

Continental Gold is the leading large-scale gold mining company in Colombia and is presently developing it's 100% owned Buriticá project in Antioquia. Buriticá is one of the largest and highest-grade gold projects in the world and is being advanced utilizing best practices for mine construction, environmental care and community inclusion. Led by an international management team with a successful record of discovering, financing and developing large high-grade gold deposits in Latin America, the Buriticá project is on schedule with first gold pour anticipated during the first half of 2020. Additional details on Continental Gold's suite of

gold exploration properties are also available at www.continentalgold.com.

Forward-Looking Statements

This press release contains or refers to forward-looking information under Canadian securities legislation—including statements regarding: timing of drill results and first gold pour; advancing the Buriticá project; exploration results; potential mineralization; potential development of mine openings; potential improvement of mining dilution grades; reducing start-up risks; and exploration and mine development plans— and is based on current expectations that involve a number of significant business risks and uncertainties. Forward-looking statements are subject to other factors that could cause actual results to differ materially from expected results. Readers should not place undue reliance on forward-looking statements. Factors that could cause actual results to differ materially from any forward-looking statement include, but are not limited to, an inability to advance the Buritica project to the next level, failure to convert estimated mineral resources to reserves, capital and operating costs varying significantly from estimates, the preliminary nature of metallurgical test results, delays in obtaining or failures to obtain required governmental, environmental or other project approvals, political risks, uncertainties relating to the availability and costs of financing needed in the future, changes in equity markets, inflation, changes in exchange rates, fluctuations in commodity prices, delays in the development of projects and the other risks involved in the mineral exploration and development industry. Specific reference is made to the most recent Annual Information Form on file with Canadian provincial securities regulatory authorities for a discussion of some of the factors underlying forward-looking statements. All the forward-looking statements made in this press release are qualified by these cautionary statements and are made as of the date hereof. The Company assumes no responsibility to update them or revise them to reflect new events or circumstances other than as required by law.

Diffeteences in Reporting of Resource Estimates

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This press release was prepared in accordance with Canadian standards, which differ in some respects from United States standards. In particular, and without limiting the generality of the foregoing, the terms Diferred mineral resources," "measured mineral resources," "measured mineral resources" and "mineral Die URL für diesen Artikerlautet resourcesorthat may newsed or referenced in this press release are Canadian mining terms as defined in the south accordance with National Instrument 43?101 & ndash; Standards of Disclosure for Mineral Projects under the Fürderinges der Beitraperise dem derightornstrutwertief Mizinde, indersitute Qualis der Endre Ellerigtene Vertretene Standbrukt eines Autors Wei der vom ihm benannten Qualie. Bei Ubersetzungen können seher nicht ausgeschlossen werden. Der vertretene Standbrukt eines Autors MilgeriajeResoutres and Mynes au Beserves dies "CIM. Standards butteringen Mandardsjuditer Significations in so standards in the United States While the terms Immeral resource, ""Measured amineral/resources/" "indicated anount of uncertainty as to their existence, and great uncertainty as to their economic and legal feasibility. It Bia Reproduktass Minitike in a point Versend upgree provide a construction of the scriptilic of the construction of the constr feasibility or other economic studies. Readers are cautioned not to assume that all or any part of measured or indicated mineral resources will ever be converted into reserves. Readers are also cautioned not to assume that all or any part of an inferred mineral resource exists or is economically or legally mineable. Disclosure of "contained ounces" in a resource is permitted disclosure under Canadian regulations; however, United States companies are only permitted to report mineralization that does not constitute "reserves" by standards in the United States as in place tonnage and grade without reference to unit measures. Accordingly, information regarding resources contained or referenced in this press release containing descriptions of our mineral deposits may not be comparable to similar information made public by United States companies.

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