

Vancouver, B.C. / September 15 2016 / TheNewswire - [Tower Resources Ltd.](#), (TSX.V: TWR) has commenced its 2016 exploration program at its 100% controlled More Creek property in the Golden Triangle region, northwest British Columbia.

The 6,430 hectare More Creek property is located near the centre of the Golden Triangle and is considered prospective for epithermal gold and silver mineralization. The property is approximately 55 kilometers north of Pretium Resources' significant Brucejack development project which contains a Measured and Indicated mineral resource of 9.1 million ounces of gold at an average grade of 17.2 grams per tonne gold (source, Pretium's July 21st, 2016 Press Release).

This initial reconnaissance style geological mapping and prospecting program will be conducted by a highly experienced team of two economic geologists. Based on historic work (see Tower's August 16th, 2016 news release), it is suggested that gold mineralization should be targeted vertically below the widespread outcropping argillic alteration zones. The objective this season will be to critically assess the main showings with a focus on understanding the dominant alteration mineralogy, structural controls on hydrothermal brecciation and mapping out the variations in breccia textures. Results from this preliminary work will form an exploration framework for future multidisciplinary programs and will aid in developing vectors to gold and silver mineralization.

The More Creek property is within the Golden Triangle mineral district of northwest British Columbia. This prolific mineral belt contains many significant development projects such as, Pretium Resources' Brucejack deposits, Seabridge Gold's KSM deposits, Teck Resources' and Nova Gold's Galore Creek deposits, Imperial Metals' Red Chris mine and Barrick Gold's past-producing Eskay Creek mine.

More Creek is 120 kilometres north of Stewart, BC and benefits from close proximity to significant infrastructure such as the Northwest Transmission Line, a nearby fixed-wing aircraft runway and Highway 37, all of which are approximately 10 kilometers to the east.

Some technical information contained in this release is historical in nature and has been compiled from sources believed to be accurate. This technical information has not been verified by Tower and may in some instances be unverifiable dependent on the existence of all historical grab and trench samples and drill core. Management also cautions that mineral resources on nearby properties are not necessarily indicative of the results that may be achieved on the subject property.

The technical content of this news release has been reviewed and approved by Christopher Leslie, M.Sc., P.Geo., Vice President, Exploration for the company and qualified person as defined by National Instrument 43-101.

About Tower Resources

[Tower Resources Ltd.](#) (TWR.V) is a Vancouver based junior mineral exploration company focused on the discovery and advancement of economic mineral projects, primarily in British Columbia. The company's key exploration assets are Rabbit North, Nechako Gold and More Creek.

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Neither the TSX Venture Exchange nor the Investment Industry Regulatory Organization of Canada accepts responsibility for the adequacy or accuracy of this release.

Forward-Looking Statements

This news release contains certain "forward-looking statements", as defined in the United States Private Securities Litigation Reform Act of 1995, and within the meaning of Canadian securities legislation. The Company cautions that forward-looking statements are based on the beliefs, estimates and opinions of the Company's management on the date the statements are made and they involve a number of risks and uncertainties. Consequently, there can be no assurances that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. The

Company undertakes no obligation to update these forward-looking statements if management's beliefs, estimates or opinions, or other factors, should change, except as required by law. There are numerous risks and uncertainties that could cause actual results and West Cirque's plans and objectives to differ materially from those expressed in the forward-looking information. The reader is urged to refer to the Company's public disclosure which is available through the Canadian Securities Administrators' System for Electronic Document Analysis and Retrieval (SEDAR) at www.sedar.com for a more complete discussion of such risk factors and their potential effects.

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