VANCOUVER, BC--(Marketwired - March 23, 2016) - <u>Millrock Resources Inc.</u> (TSX VENTURE: MRO) ("Millrock" or the "Company") announces that Melanee Henderson has been hired on a contract basis to provide investor relations services to the Company. Ms. Henderson will be responsible for the development and execution of a communications program aimed at increasing the Company's profile in the investment community. Ms. Henderson brings with her over ten years of experience as an investor relations professional, primarily with Hunter Dickinson Inc. of Vancouver, B.C.

The Company has granted to Ms. Henderson 50,000 incentive stock options by which she may acquire 50,000 common shares of Millrock at a price of \$0.245 per share until March 23, 2021. The incentive stock options will vest quarterly over a period of 12 months. The contract calls for a monthly retainer of \$2,500 plus allowable expenses, which will be paid from general working capital, for part-time services for the duration of the contract term which is set to expire December 31, 2016. The contract is renewable by mutual consent. Ms. Henderson does not presently own any Millrock securities, aside from the stock options mentioned above.

## About Millrock Resources Inc.

<u>Millrock Resources Inc.</u> is a premier project generator to the mining industry. Millrock identifies, packages and operates large-scale projects for joint venture, thereby exposing its shareholders to the benefits of mineral discovery without the usual financial risk taken on by most exploration companies. The company is active in Alaska, British Columbia, the southwest USA and Sonora State, Mexico. Funding for drilling at Millrock's exploration projects primarily comes from its joint venture partners, which have included some of the leading names in the mining industry: First Quantum, Teck, Kinross, Vale, Inmet and Altius.

ON BEHALF OF THE BOARD "Gregory Beischer" Gregory Beischer, President & CEO

Some statements in this news release contain forward-looking information. These statements address future events and conditions and, as such, involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements to be materially different from any future results, performance or achievements expressed or implied by the statements. Such factors include without limitation the completion of planned expenditures, the ability to complete exploration programs on schedule and the success of exploration programs.

"NEITHER TSX VENTURE EXCHANGE NOR ITS REGULATION SERVICES PROVIDER (AS THAT TERM IS DEFINED IN THE POLICIES OF THE TSX VENTURE EXCHANGE) ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE."

Contact

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