

[Metanor Resources Inc.](#) ("Metanor") (TSX VENTURE:MTO) is pleased to present an update of the exploration activity at Bachelor Mine. The second drill located on level 6 has intersected 12 g/t over 3.25 meters. The drill holes intersected the vein above levels 6. The results are in the table below:

Hole No	From (m)	To (m)	length (m)*	Au grade capped (g/t)	Zone
6-165	66.4	67.3	0.9	4.77	6-H-10
6-166	78.1	79.85	1.75	8.92	6-H-10
6-169	85.65	89.2	3.55	6.24	6-H-10
6-172	89.8	61.3	1.5	22.27	6-H-10
6-173	59.45	62.7	3.25	2.65	6-H-10
6-174	58.98	62.23	3.25	11.96	6-H-10
6-175	58	59.75	1.75	1.24	6-H-10
6-176	58.85	62	3.15	9.36	6-H-10
6-177	63.09	63.49	0.4	6.35	6-H-10

*Core length

These new results demonstrate the extension of the vein in Hewfran above level 6 (See the longitudinal section for the holes location).

To view the map associated with this press release, please visit the following link:
<http://media3.marketwire.com/docs/metanor24.jpg>

The true width is between 75 and 95% of the core length obtained in diamond drill holes. The cap-off grade used in the analysis is 51.5 g/T or 1.5 oz Au. The samples were assayed by fire-assay at the Metanor assay lab. The quality control program of the assay results (QA QC) adopted by Metanor includes a minimum of 10% of controlled assays being conducted as well as verification by an independent external assay lab.

Qualified Person

Pascal Hamelin, P.Eng, Vice-president of Operations, is the Qualified Person under NI 43-101, responsible for reviewing and approving the technical information contained in this news release.

Cautionary Language and Forward-Looking Statements

This press release includes certain statements that may be deemed "forward-looking statements". All statements in this discussion, other than statements of historical facts, that address future exploration drilling, exploration activities, anticipated metal production, internal rate of return, estimated ore grades, commencement of production estimates and projected exploration and capital expenditures (including costs and other estimates upon which such projections are based) and events or developments that the Company expects, are forward looking statements. Although the Company believes the expectations expressed in such forward looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in forward-looking statements.

Neither the TSX Venture Exchange, nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release.

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